2017 San Diego 100 Endurance Run

AID STATION CHART w/ Distances, Times, Drop Bag, Crew, & Elevation Info

			Drop				
LEG	TOTAL	AID Open/Close	Bags	Crew	Alt Gain	Alt Loss	Mandatory Cutoff Times
0	0	Start at 6:00 am	YES	YES	0	0	Friday @ 6:00 am
7.5	7.5	6:30 am / 8:30 am	NO	NO	1280	1089	Friday @ 8:30 am
5.0	12.5	7:30 am / 10:45 am	NO	NO	791	974	Friday @ 10:45 am
8.5	21	8:45 am / 12:30 pm	YES	YES	692	354	Friday @ 12:30 pm
7.2	28.2	10:00 am / 3:00 pm	YES	YES	955	640	Friday @ 3:00 pm
8	36.2	11:15 am / 5:15 pm	NO	NO	607	2037	Friday @ 5:15 pm
7.6	43.8	1:00 pm / 8:00 pm	YES	NO	1952	413	Friday @ 8:00 pm
5	48.8	1:45 pm / 9:30 pm	NO	YES	719	669	Friday @ 9:30 pm
6.2	55	2:45 pm / 11:30 pm	YES	YES	1014	525	Friday @ 11:30 pm
9	64	4:00 pm / 2:15 am	NO	YES	292	2115	Saturday @ 2:15 am
7.7	71.7	5:00 pm / 5:00 am	YES	NO	2115	292	Saturday @ 5:00 am
3.6	75.3	5:30 pm / 6:00 am	NO	NO	354	548	Saturday @ 6:00 am
5	80.3	6:15 pm / 7:15 am	YES	NO	531	919	Saturday @ 7:15 am
4	84.3	7:00 pm / 8:30 am	YES	YES	373	545	Saturday @ 8:30 am
7.2	91.5	8:15 pm / 11:15 am	YES	YES	913	1194	Saturday @ 11:15 am
9.0	100.5	10:00 pm / 2:00 pm	YES	YES	410	745	Saturday @ 2:00 pm
	0 7.5 5.0 8.5 7.2 8 7.6 5 6.2 9 7.7 3.6 5 4 7.2	0 0 7.5 7.5 5.0 12.5 8.5 21 7.2 28.2 8 36.2 7.6 43.8 5 48.8 6.2 55 9 64 7.7 71.7 3.6 75.3 5 80.3 4 84.3 7.2 91.5	7.5 7.5 6:30 am / 8:30 am 5.0 12.5 7:30 am / 10:45 am 8.5 21 8:45 am / 12:30 pm 7.2 28.2 10:00 am / 3:00 pm 8 36.2 11:15 am / 5:15 pm 7.6 43.8 1:00 pm / 8:00 pm 5 48.8 1:45 pm / 9:30 pm 6.2 55 2:45 pm / 11:30 pm 9 64 4:00 pm / 2:15 am 7.7 71.7 5:00 pm / 5:00 am 3.6 75.3 5:30 pm / 6:00 am 5 80.3 6:15 pm / 7:15 am 4 84.3 7:00 pm / 8:30 am 7.2 91.5 8:15 pm / 11:15 am	LEG TOTAL AID Open/Close Bags 0 0 Start at 6:00 am YES 7.5 7.5 6:30 am / 8:30 am NO 5.0 12.5 7:30 am / 10:45 am NO 8.5 21 8:45 am / 12:30 pm YES 7.2 28.2 10:00 am / 3:00 pm YES 8 36.2 11:15 am / 5:15 pm NO 7.6 43.8 1:00 pm / 8:00 pm YES 5 48.8 1:45 pm / 9:30 pm NO 6.2 55 2:45 pm / 11:30 pm YES 9 64 4:00 pm / 2:15 am NO 7.7 71.7 5:00 pm / 5:00 am YES 3.6 75.3 5:30 pm / 6:00 am NO 5 80.3 6:15 pm / 7:15 am YES 4 84.3 7:00 pm / 8:30 am YES 7.2 91.5 8:15 pm / 11:15 am YES	LEG TOTAL AID Open/Close Bags Crew 0 0 Start at 6:00 am YES YES 7.5 7.5 6:30 am / 8:30 am NO NO 5.0 12.5 7:30 am / 10:45 am NO NO 8.5 21 8:45 am / 12:30 pm YES YES 7.2 28.2 10:00 am / 3:00 pm YES YES 8 36.2 11:15 am / 5:15 pm NO NO 7.6 43.8 1:00 pm / 8:00 pm YES NO 5 48.8 1:45 pm / 9:30 pm NO YES 6.2 55 2:45 pm / 11:30 pm YES YES 9 64 4:00 pm / 2:15 am NO YES 7.7 71.7 5:00 pm / 5:00 am YES NO 3.6 75.3 5:30 pm / 6:00 am NO NO 5 80.3 6:15 pm / 7:15 am YES NO 4 84.3 7:00 pm / 8:30 am YES YES 7.2 91.5 8:15 pm / 11:15 am YES YES	LEG TOTAL AID Open/Close Bags Crew Alt Gain 0 0 Start at 6:00 am YES YES 0 7.5 7.5 6:30 am / 8:30 am NO NO 1280 5.0 12.5 7:30 am / 10:45 am NO NO 791 8.5 21 8:45 am / 12:30 pm YES YES 692 7.2 28.2 10:00 am / 3:00 pm YES YES 955 8 36.2 11:15 am / 5:15 pm NO NO 607 7.6 43.8 1:00 pm / 8:00 pm YES NO 1952 5 48.8 1:45 pm / 9:30 pm NO YES 719 6.2 55 2:45 pm / 11:30 pm YES YES 1014 9 64 4:00 pm / 2:15 am NO YES 292 7.7 71.7 5:00 pm / 5:00 am YES NO 2115 3.6 75.3 5:30 pm / 6:00 am NO NO 354 5 80.3 6:15 pm / 7:15 am YES NO 531	LEG TOTAL AID Open/Close Bags Crew Alt Gain Alt Loss 0 0 Start at 6:00 am YES YES 0 0 7.5 7.5 6:30 am / 8:30 am NO NO 1280 1089 5.0 12.5 7:30 am / 10:45 am NO NO 791 974 8.5 21 8:45 am / 12:30 pm YES YES 692 354 7.2 28.2 10:00 am / 3:00 pm YES YES 955 640 8 36.2 11:15 am / 5:15 pm NO NO 607 2037 7.6 43.8 1:00 pm / 8:00 pm YES NO 1952 413 5 48.8 1:45 pm / 9:30 pm NO YES 719 669 6.2 55 2:45 pm / 11:30 pm YES YES 1014 525 9 64 4:00 pm / 2:15 am NO YES 292 2115 7.7 71.7 5:00 pm / 5:00 am YES NO 2115 292 3.6 75.

TOTAL 100.5 12998 13059

RULES

^{*8.} Pacers may begin pacing at Red Tailed Roost or Meadows after 8:00 pm

^{**10.} Runners will pass Dales Kitchen on way to Cibbets, but no aid on first pass of Dales to Cibbets Flat

^{***13.} Penny Pines 2 is non crew access aid station. But a pacer can be dropped off there to meet their runner to pace. Only one pacer at a time; pacers can only switch at Cibbets Flat, Penny Pines 2, Pioneer Mail 2, and Sunrise 2