

**TURN BY TURN - (8) Red Tailed Roost to (9) Dales 1
Mile 55 to 56.3**

**Total Leg
Distance
in Miles**

Trail Names, Turns, or Key Points on this leg

0	The Red Tailed Roost Aid Station is located at the picnic tables next to the Red Tailed Roost Volunteer Bldg parking lot.
0.01	Depart the parking lot, carefully cross Sunrise Hwy (S-1) and turn right for 100 feet. Then take a left onto the Thing Valley Rd (a dirt forest service road).
0.02	Turn left onto Thing Valley Road.
0.03	The dirt road splits; stay on the main road that bears right crossing the metal cow gate guard. Follow Thing Valley Road for 1.28 miles.
1.3	Arrive at Dales #1 Aid Station. The aid station is located at the confluence of Thing Valley Road and the Pacific Crest Trail. The aid station will be located on the side dirt parking area just before the PCT.
<p>NOTE: Dales is a double pass aid station. You will leave Dales #1 and head south on the PCT for 7.7 miles to Cibbets Flat Aid Station. You will then turn around and return north on the PCT back to Dales #2. There are numerous PCT signs you can follow. Do not take any side trails or roads.</p>	