

**TURN BY TURN - (2) Chambers to (3) Sunrise
Mile 12.5 to 21**

**Total Leg
Distance
in Miles**

Trail Names, Turns, or Key Points on this leg

0	Leave Chambers Aid Station by running back over levee (Lake on your right).
0.2	Bear left on dirt road at end of Lake.
0.26	Turn left and run across bridge.
0.37	Pass through gate and turn left on Marty Minshall Trail.
0.7	Marty Minshall Trail turns to the left at dirt road and passes horse area.
1.4	Cross asphalt road and continue on Marty Minshall Trail.
1.65	Trail comes to asphalt road, turn right on road and follow it for 100 feet.
1.66	Turn left off of asphalt road, run through gate and run on dirt road which is the Soapstone Grade Fire Road.
3.62	Turn left off of Soapstone Grade Fire Road onto California Riding and Hiking Trail (CRHT).
6	Just before you approach Hwy S-1, turn right on La Cima Trail which heads south and parallels Hwy S-1.
7.35	At intersection, turn left and run 100 feet crossing the Lucky 5 asphalt road. Do not take the Upper Green Valley Trail that heads to the right. Follow the La Cima Trail for just over a mile to Sunrise 1 Aid Station.
8.5	Arrive at Sunrise 1 Aid Station (large parking area).